

ANNUAL REPORT

Peak House

Pacific Youth & Family Services Society

www.peakhouse.ca

2021/22



Peak House is located on the unceded Musqueam, Squamish, and Tsleil-Waututh territories of the Coast Salish peoples.

Executive Director's Report

It has been an unpredictable and turbulent last few years. COVID, fentanyl, loss and grief, staff shortages and turn over have impacting our sector.

At Peak we have managed these waters with the support of our board, team, funders, supporters and the youth and families that come to us for support and stability.

At the height of COVID our long-term Program Manager took extended leave. Our long-term Clinical Supervisor departed within weeks. It was impactful to say the least. From a leadership position I worked with three goals in mind, keep the doors open, our funding stable, and our team supported. Our youth and their families were at the centre of every decision.

Despite many challenges we were able to achieve those goals and create new successes. A few highlights include completing our promotional video to showcase the work we do, and provide youth interested in our program a glimpse of Peak House. We acquired new funding to allow for the development of a new community liaison position and increase our outreach capacity. We pivoted to adjust programing to better meet the needs of youth best served by land-based programming. We also increased staff wages at a time when many businesses were struggling to stay afloat.

None of this would have been possible without the team of individuals that help to hold up this amazing program. Our acting Program Manager Andrea Krakan who has seamlessly stepped into the role, initiated new ideas, programming, and developed a robust training program to help better support our team. Our fantastic Board who provide stability, leadership and support during the difficult moments and cheerlead in the successes. Our Clinical Supervisor Stefanie Krasnow who comes to us with her unique blend of skills and experience that have helped to reshape the clinical team, staff training and education. Our wonderful staff team, the cornerstone of our care team for the youth we serve. Referring counsellors, our supportive VCH contract manager Emily Giguere and our colleagues on the ICM, nursing, and CAIT team. I could go on and on. This program is a community and it takes everyone to help execute the vision of care and inclusion we are committed to.

Most importantly I want to thank the courageous young people and their families for trusting us to stand alongside them in their journey.

As said last year...

We will do our best to keep the lights on, the door open, and continue be the safe harbor for youth when they are ready and in need of our care.

James Kelly
Executive Director

Peak House

2021/22 Highlights



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Overview



Intake Demographic



Supporting BC youth and families to find freedom from problematic substance use.

School

The Peak House school program is run in collaboration with the Vancouver School Board. Youth attend school four days per week and report that having the opportunity for a positive school experience while at Peak House has greatly increased their continued and future academic success, as well as their interest in pursuing post-secondary educational options. While at Peak House many students completed one or more courses. Thank you to our exceptional teacher Michelle!

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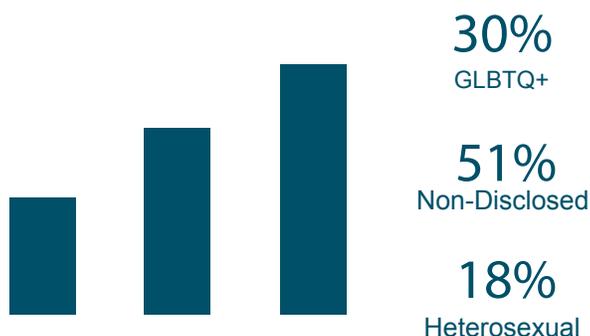
Ethnicity



Please note youth may report in more than one category.

Peak House recognizes the limitations of the ethnicity categories based on our reporting requirements. We are also aware that not all youth choose, or are not able to self-report based on a number of factors including but not limited to racialized systemic oppression, discrimination, and/or a lack of knowledge of ethnic background. As a result, the full diversity of the youth at Peak House is not accurately reported. We are working on ways to better reflect this data in the upcoming year.

Sexual Orientation



Youth do not always choose to self-identify their sexual orientation in statistical reporting based on a number of factors including, but not limited to experiences of systemic oppression, homophobia, discrimination, and fear of personal safety or loss of housing once they leave the program.

Gender Identity

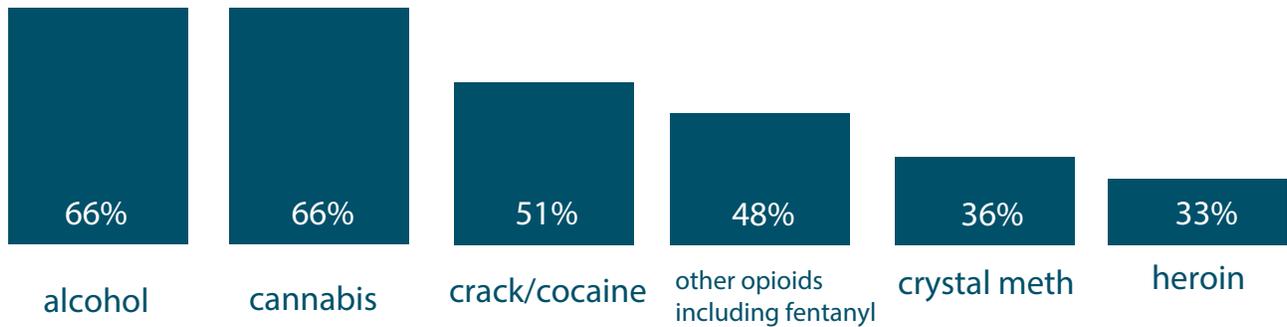
Youth do not always choose to self-identify their gender identity (particularly in cases where their gender identity/expression falls outside of the binary) in statistical reporting based on a number of factors including but not limited to experiences of systemic oppression, resistance against gender categories, transphobia, discrimination, and fear for personal safety or loss of housing once they leave the program.

58% female
39% male
10% trans/non binary

fostering success, healing and hope for over 30 years

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Substance Use



Poly Drug Use

100% of youth self-report using more than one substance on a regular basis.

It is important to note that while the popular drugs of choice remain consistent from past recent fiscal years, the amount of fentanyl found in many of these substances continues to climb. Youth intending to use one substance may find themselves unintendedly also consuming fentanyl. This has had deadly consequences. We, as a community are deeply concerned about the increased lack of safety amongst those consuming non prescribed drugs.

Peak House is a provincial resource, we serve youth and their families across the province of British Columbia.

Thank You!



On behalf of the entire Peak House team, we would like to thank our funders, donors, and community partners. Together, we have supported BC youth and their families for over 30 years.

We would like to acknowledge the strength and wisdom of the young people and their families for their courage to make, support and maintain the profound changes and growth we witness every day.

This year, like so many others involved the loss of young people in our community. To their loved ones, family, and community of care, we extend our deepest condolences.