

## Peak House Daily Schedule

|                  | Monday                    | Tuesday                   | Wednesday                        | Thursday                        | Friday                    | Saturday                  | Sunday                    |
|------------------|---------------------------|---------------------------|----------------------------------|---------------------------------|---------------------------|---------------------------|---------------------------|
| <b>Morning</b>   | Breakfast & Morning Group | Breakfast & Morning Group | Breakfast & Morning Group        | Breakfast & Morning Group       | Breakfast & Morning Group | Breakfast & Morning Group | Breakfast & Morning Group |
|                  | School →                  |                           |                                  | Group Therapy                   | School                    | Free time                 | Free time                 |
| Noon             | Lunch →                   |                           |                                  |                                 |                           |                           |                           |
| <b>Afternoon</b> | Fitness                   | Group Therapy             | Acupuncture & Nurse Practitioner | Sarah McLachlan School of Music | PADS Therapy Dogs         | Community Outing          | Fitness                   |
| 5PM              | Dinner →                  |                           |                                  |                                 |                           |                           |                           |
| <b>Evening</b>   | Weekly Goal Setting       | 12 step meeting           | Family Night & Alumni Speaker    | 12 step meeting                 | Movie Night               | Community Outing          | Games Night               |

\*Please note this is a simplified version of the schedule, a detailed description will be reviewed during the referral and intake process